# Year 7 Camp, 2015

## DETAILS
**Place:** Collaroy Centre, Sydney’s Northern Beaches area  
**Dates:** Monday 9th March – Wednesday 11th March  
**Times:** Camp roll Call in Quad level 3, 8.30am RGHS.

**What to Bring List, updated**  
**LABEL EVERYTHING with your FULL NAME and RGHS**

### CABIN BAG (preferably on wheels):
1. 2 to 3 pairs of knee length pants  
2. 2 to 3 T-shirts. See photo below of Harness: singlets NOT suitable.  
3. 2 to 4 pairs of socks  
4. 1 pair of long pants  
5. 1 long sleeved lightweight sweatshirt  
6. 2 plastic bags  
7. Spare closed footwear, eg old joggers  
8. Underwear as appropriate (2 to 3 changes)  
9. 1 towel, one handtowel.  
10. A pillow case. A spare if desired.  
11. **** Sheets for a single bed, **at least a bottom sheet:** **CAMP REQUIREMENT,** even if you bring a sleeping bag, or sleeping sheet (A quilt style blanket is provided)  
12. Toiletries bag; preferable waterproof:  
   a. toothbrush,  
   b. small toothpaste and floss;  
   c. small soap or bodywash;  
   d. small haircare kit;  
   e. small ‘travel’ shower cap if desired;  
   f. small brush or comb  
   g. spare hair ties for long hair  
   h. feminine hygiene products if you think you might need them  
   i. **ROLL-ON deodorant**. PLEASE AVOID SPRAYS – you are not allowed to spray inside the cabins.  
   j. **NO GLASS CONTAINERS OF ANY KIND !!!!**  
13. Cabin Footwear (eg thongs) for the shower  
15. a pack of 12 coloured pencils  
16. A small clip on booklight if desired  
17. A lightweight reading book/novel if desired  
18. A **$5 note** for a special purpose that your team leader will tell you  
19. **NO SWEETS, CHIPS, ETC**  
20. **NO DIGITAL EQUIPMENT (see phone Policy)**  
21. And don’t forget your **PYJAMAS**!

### Small DAY BAG/ backpack, or bumbag:
1. Water bottle  
2. Your Medications if appropriate – (as written on your camp form)  
3. Small sunscreen with secure lid  
4. Roll-on insect repellent  
5. $1 rain poncho as demonstrated at camp meeting  
6. Small travel packet of tissues  
7. **SWEETS ALLOWANCE:** 1 to 4 rolls of barley sugar, lifesavers, mentos, or similar if desired. NO CHEWING GUM! N.B. Any further JUNK FOOD will be CONFISCATED  
8. Small inexpensive camera if desired. **AT YOUR OWN RISK, NO RESPONSIBILITY TAKEN FOR DIGITAL ITEMS. ASK TEACHER BEFORE USING.**  
9. Swimming group only: rash shirt, towel in plastic bag

## PHONE POLICY

Students will NOT need a phone. We will call you if we have any concerns.  

If your daughter brings her phone it will be **AT YOUR OWN RISK and NO RESPONSIBILITY will be taken for loss or damages.**  

If your daughter brings her phone it must remain TURNED OFF and IN HER DAY BAG. She MUST ask a teacher if she would like to use it to take a photo. There are designated Camp Photography teacher(s) whom she should ask first. She may use the phone when we get off the bus on Wednesday between 2.30 and 2.35pm.  

THE SCHOOL NO. is **9398 3233** before 3.30pm. The office can contact us via our mobiles if needed.
THE MORNING OF CAMP, Monday 9th March:
1. Get up on time so you will arrive on time. Put your clothes out the night before.
2. Put your sunscreen on NOW.
3. TO WEAR on the first day:
   a. A T-shirt and long pants: at least to your knees
   b. Covered Sports footwear ie “running shoes” and socks.
   c. Sunglasses (optional). Most activities are under the shade of trees, some are not.
   d. Sunscreen
   e. Broad brimmed HAT
   f. Swim group only: swimwear under your clothes. Long quick drying boardshorts recommended for this day’s activities.
4. ARRIVE: No earlier than 8am, no later than 8.20 am
5. DO NOT DRIVE INTO THE SCHOOL GROUNDS!
6. Parents can stop in the school drop zone on Barker St. Get your bags out quickly. Put your small day bag on your back, ready for the bus trip (and swimming if you are in that group)
7. KISS YOUR PARENTs/GUARDIANS here, do not bring them into school – they will survive.
8. ROLL your bag to the wall along the science lab – keep walkways and our roll area free of suitcases/cabin bags. You must leave your small bus bag on your body.
9. WAIT: Level 3 Quad in your roll call groups – prize for most organised group!

Photos from CAMP 2015 and a flashback from the current year 12!